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**Revised January 2024**



Talks & Demonstrations  
4-H Club Days  
Handbook

## Why Should 4-H'ers Participate?

- Learn to express yourself clearly
- Learn how to gather information
- Learn to organize our ideas
- Learn to speak in front of a group
- Learn a life skill that you need
- Show an "I Can Do It!" attitude

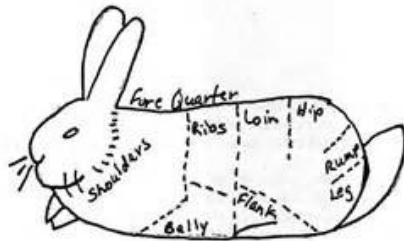


- How to assemble a rocket
- Woodworking tools
- How to build a birdhouse
- What should be in a first aid kit
- Care of horse hooves
- Horse breeds
- Parts of a saddle
- How to make a rope halter
- Meat cuts
- Beef body parts
- Beef show supplies
- Dairy breeds
- Dog breeds
- Dog agility demonstration
- Dog showmanship
- How to care for \_\_\_\_\_
- Different kinds of feathers
- Eggs
- Rabbit colors
- Ear notching a pig
- Livestock families (bull, cow, steer)
- Different kinds of fabric
- How to read a care label
- Different hand stitches
- How to measure for a pattern
- Organizing a closet
- Fashion past, present, and future
- Cultures—People around the world
- How to read a food label
- Different ways to store foods
- Food Safety Tips
- Wool winding supplies
- Different phases of ceramics
- My family tree
- Crafts
- Cooking utensils
- Camera parts
- How to focus a photo
- Different kinds of cameras
- Camera history
- How to properly hook a seatbelt
- Make cookies
- How to polish your shoes
- How to model
- How to complete your outfit
- Beaded bracelets
- My \_\_\_\_\_ project



# Talk and Demonstration Subject Ideas

- ☐ Any book report on a book read
- ☐ William Allen White Award books
- ☐ Caldecott Award books
- ☐ How to find a book in the library
- ☐ How to use an encyclopedia
- ☐ How to use a dictionary
- ☐ Bug identification
- ☐ How we can protect our forest
- ☐ Where do rocks come from
- ☐ Rock identification
- ☐ Sewing box supplies
- ☐ How to read a pattern
- ☐ Buttons, Buttons, Buttons—different kinds of buttons
- ☐ Different kinds of guns
- ☐ Gun safety
- ☐ Birds around us
- ☐ Reptiles and Amphibians
- ☐ Endangered species
- ☐ Fish ID
- ☐ Fishing supplies
- ☐ How to make a fishing lure
- ☐ Boat safety
- ☐ Plant ID
- ☐ Battery and bulb electricity
- ☐ How to fix a frayed extension cord
- ☐ Magnet fun
- ☐ Rocket parts



# Types of Presentations For Meeting Programs and Club Days

4-H members are expected to give project talks, illustrated talks or demonstrations after they have completed their first year. As 4-H'ers get older they may give a public speech.

*These talks and demonstrations help 4-H youth grow in confidence and understanding on how to speak in front of groups.*

**SHOW AND TELL**—for first or second year members in grades 1-4. They bring something that they have made or done in 4-H and talk about it for no more than three minutes.

**PROJECT TALK**—tells about a specific project and the 4-H'ers experience in that project.

**ILLUSTRATED TALK**—tells how to do something using posters or visual aids and a finished product may or may not be available.

**DEMONSTRATION**—show how to do something by actually doing it and a finished product should be available.

**PUBLIC SPEECH**—is intended to assist older 4-H members to further develop confidence and skill in speaking before an audience. In public speaking, members may speak on any topic of their interest. Visuals may be used.

**EXTEMPORANEOUS SPEECH**—No prior preparation is done. A topic is drawn and the 4-H'er has 15 minutes in which to compile a speech on that topic. The speech is then given in 3-5 minutes.

EXAMPLE—

- \* Project talk - Talking about your steer
- \* Illustrated Talk - Telling how to select a steer using a chart and identifying the points to consider
- \* Demonstration - Making a show halter
- \* Public speech - talking about the total beef industry

**MODEL MEETING**—There is no limit on the number of members for a Model Meeting. All members of a 4-H club are encouraged to participate. The Model Meeting is judged on the correct parliamentary procedures used during a regular 4-H club meeting.

**GAVEL GAMES**—This is for a team of four members. The Gavel Games tests will be developed from questions in the 4-H Day Guidelines. The composite test will be given to all gavel game participants.

**MUSIC**—A copy of music must be given to the judge before their performance.

Chorus: A chorus may be composed of 6 or more members from one club or it may be a composite group from more than one club. Each chorus must perform two numbers of their choosing.

Vocal Ensemble: May be composed of 2-5 members. Each group will perform two numbers of their choosing.

Vocal Solo: Participant will sing one number.

Orchestra-Band: Groups may be composed of 6 or more members. Each group will play two numbers of their choosing.

Instrumental Solo: Participant will play one number.

## **DANCE**—

Classical/Traditional: Includes tap, ballet, jazz, polka, country

Modern: This includes pom-pom, hip-hop, modern jazz, gymnastics, tumbling.

Group: This includes any style.

## **DRAMA**—

One Act Plays: Entries are limited strictly to one-act plays. Only one set is allowed.

Skit: Original play or skits written by 4-H members, any size of group may participate. Should not exceed 15 minutes.

Readings: This may be a musical, dramatic, interpretive, humorous, or other type of reading. The presentation should be one that can be done in 5 minutes or less.

Other Talent: This is a miscellaneous grouping that may include talent such as novelty numbers, stunts, pantomime, puppets, marionettes, ventriloquist acts, or other types of talent. May be an individual or a group.



## **Presentation Tricks that will Keep You Organized!**

Use large size models so your audience can see

Pre-measure all but one ingredient; show how to measure that one ingredient so that the audience knows you know how to measure

Place glue upside down in a glass so you don't have to wait for it to come out.

When doing a demonstration, have completed steps already accomplished if there is dry time or a step takes a lot of time.

Cover labels, as you are not promoting brand names.

Use a tray to place all supplies on.

Always wash your hands with a washcloth before starting a food demonstration.

# Note Cards

*Should be just notes, not your whole speech written out.  
Use an outline form.*

## Main Point, Supporting Points, and Transitions

Basic outline for an informative speech: Three general parts

### A. Introduction

1. Attention Getter
2. Introduction of Topic
3. Credibility Statement
4. Central Idea Statement

(transition between introduction into first body point)

### B. Body

1. Composed of the main points of the speech
2. Supported by evidence achieved through research
  - a. Examples
  - b. Narratives
  - c. Testimony
  - d. Facts
  - e. Statistics
  - f. Quotations
3. Always state the sources of information
4. Organized in logical structure

(Transition into conclusion)

### C. Conclusion

1. Ties the purpose and main points together
2. Brings closure to the speech
3. Restates the purpose
4. Reiterates why the topic is relevant
5. Concludes with an interesting quotation, anecdote, and/or reference to the beginning of the speech

☒ Age is determined by age of 4-H members on January 1, of the current 4-H year. Sr. Division 14 and older, Jr. Division 13 and younger.

☒ Age of the oldest participant in a group will determine if the group entry is Junior or Senior group. Example: If one youth is 14 or older and the rest are 10 and younger the group will compete in the Sr. Division.

☒ All entries will receive a blue, red, or white ribbon rating. Top 3 in each division will be ranked.

☒ It is the option of the agents or judges to change entries from one section to another which they deem as more appropriate based on the major theme or intent of the entry.

## Parts of a Good Presentation

☒ Every talk should include an opening, a body and a conclusion.

☒ *Tell what* you are going to talk about, *talk about* what you are going to talk about, and *tell what* you talked about.

☒ Think of a “Catchy Title” that will get the audience’s attention.

☒ Posters that will help give your audience a visual.

☒ Prompt cards are just notes, not your whole talk written out.

☒ No gum, talk loud, make eye contact with audience, smile

☒ Practice, Practice, Practice!

☒ The Opening - Gets Attention!

- You can use a poem that is related to your presentation.
- You can use a story that catches your audience’s attention.
- Tell about one of your own experiences
- Questions?
- Use a play on words.
- Tell what you are going to talk about.
- Introduce yourself (name, club, how many years in project)

# Example

## 1. Introduction

- A. Have you ever wondered where hamburger comes from?
- B. Introduce myself
- C. Today I am going to share . . . . .

## 2. Body

### A. Beef Cuts

- a. The wholesale cuts or primal cuts
  - i. Round
  - ii. Loin
  - iii. Rib
  - iv. Chuck
  - v. Fore shank and brisket
  - vi. Flank
  - vii. Short Plate
- b. Others
  - i. Ground beef
  - ii. Cube steak
  - iii. Cubes for stew and kabobs

### B. Shopping for retail meat cuts

- a. Retail cuts
- b. Price
- c. Date

### C. Carcass Grades

- a. Prime
- b. Choice
- c. Select
- d. Standard
- e. Utility

### D. By-Products

- a. Waste Products
  - i. Hide
  - ii. Bones
  - iii. Bones
  - iv. Fats
- b. List by products

## 3. Conclusion:

Recap your talk, rename your beef cuts, hit the outlined items.  
Talk to Judge.

# Posters with Pizzaz!

Plan them out before you make them.

Keep posters simple, not too much to read.

Make posters NEAT!

The more senses you can touch on, the better the poster.

Posters are used to draw attention to your presentation.

Be consistent.

## **Ideas to consider to give posters PIZZAZ!**

Think about 3-D posters that will add excitement.

Think of color scheme, theme to use.

Think about interactive posters

Think about posters.

Different textures, i.e. burlap, feathers, etc.

Use different Font Style (be careful not to use too many)



# Facts of a Good Presentation

- ☑ Every talk should include an opening, a body and a conclusion.
- ☑ *Tell what* you are going to talk about, *talk about* what you are going to talk about, and *tell what* you talked about.
- ☑ Think of a Catchy Title that will get the audience's attention.
- ☑ Posters that will help give your audience a visual.
- ☑ Prompt cards, are just notes, not your whole talk written out.
- ☑ No gum, talk loud, make eye contact with audience, smile
- ☑ Practice, Practice, Practice!
- ☑ The Opening - Gets Attention!
  - You can use a poem that is related to your presentation.
  - You can use a story that catches your audience's attention.
  - Tell about one of your own experiences
  - Questions?
  - Use a play on words.
  - Tell what you are going to talk about.
  - Introduce yourself (name, club, how many years in project)
- ☑ The Body - The main part of your talk
  - Use an outline form; that helps with organization
  - Talk about what you are going to talk about
  - Map out your talk
  - Talk about 4-6 parts about the project
    - Ex: beef- cuts, shopping for, carcass info, by-products
    - Ex: crafts - supplies, steps, uses, display/gift
- ☑ The Summary/Conclusion
  - Tell what you talked about
  - Sum it up with a poem, story
  - Review supplies, steps, finished product
  - So, the next time you \_\_\_\_\_
  - Ask for questions???

# Catchy Titles

A title should catch the audience attention, can be a play on words, leaves the audience wanting to hear what you have to talk about.

## You should ALWAYS have a title poster!

Where's the Beef? (beef cuts, bovine body parts, etc.)

And the Winner Is . . . (reading awards - Caldecott, William Allen White)

What's Bugging You? (Entomology)

Here a Tree, There a Tree (forestry)

Right on Target (shooting sports)

The Catch of the Day (sports fishing)

Buttons, Buttons, Buttons (clothing or computer technology)

Birds of a Feather Flock Together (wildlife - birds)

Got Milk? (nutrition)

Got Grout? (crafts - mosaic project)

The Purr-fect Pet (cat)

"Tis the Season (foods, holiday craft, gardening, etc.)

## Supplies Needed for Good Talks

Easel to hold posters

Posters

Pointing stick of some kind

Notecards

Tablecloth that matches theme or topic

Washcloth, apron, hair pulled back if doing food demo

Tray to hold supplies

Good ATTITUDE!!!

# 4-H Day Guidelines

An entry must receive a first blue or above at County Club Days to be eligible for Regional Club Days. County Club Days are held in January or February with Regionals being held in February or March.

Section	Event	Regional Qualify	Participants	Max. time allowed
<b>1. PUBLIC PRESENTATIONS</b>	<b>Speech</b> <i>Sr. Public Speaking (12 &amp; over)</i>	2/county	1 only	15 min
	<i>Jr. Public Speaking (7-11)</i>	2/county	1 only	10 min
	<b>Demonstration/Illustrated Talk</b> <i>Sr. Division (14 and over)</i>	2/county	1 or 2	15 min
	<i>Jr. Division (7-13)</i>	2/county	1 or 2	10 min
	<b>Reading</b> <i>Sr. Reading</i>	1/county		15 min
	<i>Jr. Reading</i>	1/county		15 min
	<b>Show and Tell</b>	None allowed	For 1st and 2nd year members	5 min
	<b>Digital Presentations</b> <i>Sr. Division</i>	2/county	1 or 2	15 min
	<i>Jr. Division</i>	2/county	1 or 2	10 min
	<b>Extemporaneous speaking</b> <i>Topic drawn 15 min prior</i>	2/county	1 only—14 or older (4-H age)	
<b>2. MODEL MEETINGS</b>	<b>Model Meetings</b>	1/county	Any number of 4 -H members plus adults	35 min
	<b>Gavel Games</b> <i>Senior - 14 &amp; over</i>	1 team/county	Each team consists of 4 members plus 2 alternates	20 min
	<i>Intermediate - 11-13</i>			
	<i>Junior - 7-10</i>			
<b>3. TALENT / DANCE</b>	<b>Dance</b> <i>Sr. Division</i>	1 group	No limit	10 min
	<i>Jr. Division</i>	1 group	No limit	10 min

Section	Event	Regional Qualify	Participants	Max. time allowed
<b>4. DRAMATICS</b>	<b>Novelty (stunts, novelty, puppets, etc.)</b> <i>Sr. Division</i>	1 individual or group	No limit	No limit
	<i>Jr. Division</i>			
	<b>One act play</b>			
	<b>Skits</b>	1 group	No limit	10 min
<b>5. MUSIC</b>	<b>Chorus</b>	1 group	6 or more 4-H members	2 numbers
	<b>Vocal Ensemble</b>	1 group	2-5 4-H members	Up to 2 numbers
	<b>Vocal Solo</b> <i>Sr. Division (14&amp;over)</i>	2/county	1 4-H member	1 member
	<i>Jr. Division (7-13)</i>	2/county		1 member
	<b>Instrumental Ensemble</b>	1 group	2-5 4-H members	Up to 2 members
	<b>Band or Orchestra</b>	1 group	6 or more 4-H members	2 numbers
	<b>Instrumental Solo</b> <i>Sr. Division (14&amp;over)</i>	2/county	1 4-H member	1 number
	<i>Jr. Division (7-13)</i>			
<b>6. CRI</b>	Cover Letter, Resume and Interview with an application	1/county	1 4-H Member	1 interview